

Occupational Therapy Institute Presents: Questions to Ask Your Doctor

Are you having difficulty finding the right words when speaking to your doctor? Do you have trouble starting conversations regarding your healthcare concerns and you don't know where to begin? We are here to help!

We are now offering a free virtual class series on Questions to Ask Your Doctor! The first class of the series will be centered on talking with your doctor about the COVID-19 Vaccine.

Some Covered Points:

- Tips on how to advocate for yourself
- Keys to a successful doctor's visit
- Practical ways to build trust and communication with your doctor
- A list of questions to help you prepare for your visit




Please come and join us for one or all our classes!

Register at SalusUhealth.com/OTIClassRegistration

Class Date and Time:

- **Thursday, March 11th - 7:00 p.m. - 8:00 p.m.**
 - **Talking to your doctor about COVID**
- **Thursday, March 18th - 7:00 p.m. - 8:00 p.m.**
 - **Preparing for a doctor's appointment with Diabetes & Heart/Lung conditions**
- **Thursday, March 25th, 7:00 p.m. - 8:00 p.m.**
 - **Advocating to a doctor as a caregiver for a loved one**

We look forward to seeing you virtually. Like us on  for updates on future class dates and times!

Please email OTI@salus.edu for more information and resources!