









Instruction Card Saliva Collection Device Biohazard Bag Alcohol Pad Prepaid Overnight Return Envelope

# **COVID-19 AT-HOME SALIVA TESTING**

# **INSTRUCTIONS**

## FOLLOW THESE STEP-BY-STEP INSTRUCTIONS, AND REMEMBER:

- You must provide your sample under remote supervision (via Zoom video) for your test to be processed.
- Do not eat, drink, chew gum, or smoke for 30 minutes before your test.

## CREATE AND/OR LOG IN TO YOUR ACCOUNT AT COVID.VLT.CO

Go to <u>covid.vlt.co</u> and use a valid email address and create a password that you will remember. You only need to create an account once, and you will use the same login credentials for future test orders.



## MEET OUR PROVIDERS & TAKE YOUR TEST

You must provide your sample under remote supervision (via Zoom video) for your test to be processed. To meet with a Vault test supervisor, visit <u>covidtest.vaulthealth.com</u> and sign in using the credentials you provided in step 1. The supervisor will guide you through collecting saliva in the tube. This process takes just a few minutes.

## SHIP THE KIT BACK & RECEIVE YOUR TEST RESULT

Put the test in the provided biohazard bag.

Put the biohazard bag in the cardboard box you received in your shipment.

Put the cardboard box in your prepaid UPS mailer and drop your package at The UPS

Store. Find your closest UPS Store location here: <u>theupsstore.com/tools/find-a-store</u>.

You will receive an email from **hello@updates.vaulthealth.com** with your results 48 to 72 hours from when your test arrives at the lab.



# **COVID-19 AT-HOME SALIVA TESTING**

## IMPORTANT INFORMATION

## **FOLLOW THE STEP-BY-STEP INSTRUCTIONS**

You must provide your sample under remote supervision (via Zoom video) for your test to be processed.

## WEB BROWSER COMPATIBILITY

Please use Google Chrome or Safari to access Vault Health testing portals. Internet Explorer is not a compatible browser, and use will result in errors.

#### WHEN YOU RECEIVE YOUR KIT

Read the blue instruction pamphlet included in your test kit.

Do not open the test tube package until instructed to do so on your Zoom video call.

#### **BEFORE TAKING YOUR TEST**

Hydrate 1-2 hours before taking your test.

For accurate results, do not eat, drink, chew gum, or smoke for 30 minutes before your test.

## PROPERLY PACKAGING YOUR TEST

When you're finished with your test, put your tube in the provided bio bag.

Put the bio bag in the white box to protect the sample in transit.

Put the white box in the provided clinic pack.

## **POSITIVE RESULTS**

Vault Health is required by law to report verified cases of COVID-19 to the applicable health authority in your state.

If your result is positive, visit <u>cdc.gov/coronavirus/2019-nCoV</u> and/or contact your health care provider.

