General Updates

- The Hafter Center will be closed Wednesday, November 25 through Friday, November 27 for Thanksgiving break.
- The Hafter Center is looking for Group Exercise Instructors! See here for more info.

Group Exercise Classes

- Class Registration Link
- Monday:
  - Morning Energizer with Alyce, 10:15-11:00 a.m.
  - Vinyasa Yoga with Dara, 5:30-6:30 p.m.
- Tuesday:
  - Senior Strength & Stability with Alyce, 9:15-10 a.m.
  - Slow Flow Yoga with Dara, 5:30-6:30 p.m.

Intramurals

- Hafter Thanksgiving Pool Tournament
  - Thursday, November 19 from 4:00-7:00 p.m.
  - Teams of 2
  - Food provided for all participants
  - Registration Link

Giveaways

- The Hafter Center is accepting canned food for donation.



Hafter Student Community Center Newsletter

KEEP UPDATED!